

BeWell | Tinctures

Have a complimentary shot!
For more info, speak to our ND.

Tinctures are concentrated liquid mixtures of botanical medicines.
We have blended 4 tinctures that address the most common issues we see in clinical practice.



Be Focused

Choose this if you are having difficulty staying on track or getting easily distracted

Bacopa monnieri (Water Hyssop), Ginkgo biloba (Ginkgo), Rosmarinus officinalis (Rosemary), Eleutherococcus senticosus (Siberian Ginseng), Capsicum annuum (Cayenne)



Be Zen

Choose this if you are feeling stressed, anxious or uneasy

Valeriana officinalis (Valerian), Humulus lupulus (Hops), Scutellaria laterifolia (Skullcap), Passiflora incarnata (Passionflower)



Be Energized

Choose this if you are feeling tired or drained

Eleutherococcus senticosus (Siberian Ginseng), Scishandra chinensis (Magnolia vine), Rhodiola rosea (Golden Root), Camellia sinensis (Green tea)



Be Immune

Choose this if you keep getting sick

Withania somnifera (ashwaghandha), Astragalus membranaceus (Milk-vetch), Rhodiola rosea (Golden Root), Glycyrrhiza glabra (Licorice), Avena sativa (Oatstraw)